

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2021
Create your own Sunshine!

4 9:30 Sunday Service Calvary church 2:00 Hand Massage/Spa Team 1&2 2:00 Arts & Crafts T-3 <small>Independence Day (US)</small>	5 10:00 OBIE T-2 2:00 Smoothie Cart T-1 2:00 Community Walks/Patio Visits	6 10:30 Bingo T-2 2:00 Michelle White Virtual concert 7 th fl. 2:30 Arts & Crafts T-1 & 3	7 10:00 Crosswords Team 3 10:00 Beauty Corner T-1 2:00 Ice Cream Cart All floors	1 Calendar Handout <small>Canada Day</small>	2 10:00 Balloon Volleyball Team 2 2:00 News & Views T-3 2:00 Afternoon Activities 8 th fl.	3 10:00 Friendly visits 10:00 Helping Hands Team 1 2:00 Solarium/Patio Visits	
11 9:30 Sunday Service Calvary church 2:00 Balloon Toss 7 th	12 10:00 Solarium/Patio Visits 2:00 Residents Council - 2 nd fl. 2:30 Popsicle Handout -All floors	13 10:30 Bingo T-3 2:00 Solarium/Patio Visits 2:30 Fashion Trends T-2	14 10:00 Sensory Activity 3 rd fl. 10:00 Beauty Corner T- 2 2:00 Word Games T-1 2:00 Craft Corner 11 th fl.	8 10:30 Communion Service-T3 2:00 Michelle White Virtual concert 3rd 2:30 Communion Service-T1 3:30 Communion Service-T2	15 10:00 OBIE T-3 2:00 Community Walks 2:00 Games Day T-1 Pastoral Visits	9 10:00 Famous Faces/Places 10 th fl. 2:00 Community Walks 2:00 News & Views T-1 16 10:00 Bean Bag Toss 4 th fl. 2:00 Community Walks 2:00 Afternoon Activities 7 th fl.	10 10:00 Friendly Visits 10:15 Dominoes' & Games Day 2 nd fl. 2:00 Helping Hands T-2 17 10:00 Friendly Visits 10:00 Helping Hands Team 3 2:00 Dominoes' & Games Day 2 nd fl.
18 9:30 Sunday Service Calvary Church 2:00 Lemonade Social T-1	19 10:00 OBIE T-1 2:00 Smoothie Cart T-2 2:00 Community Walks 6:45pm Brain Games T-3	20 10:30 Bingo T-1 2:00 Arts & Crafts T-2 2:30 Travel Log 8 th fl.	21 10:00 Sing-a-long 9 th fl. 10:00 Beauty corner T-3 2:00 Brain Games 5 th fl.	15 10:00 Short Stories 4 th fl. 2:00 Greek Coffee – Activation 2 nd fl. Pastoral Visits 7:00 Crossword Puzzle T-3	22 10:00 Creative Movement 10 th fl. 2:00 Afternoon Activities 7 th fl. 2:15 Community Walks	24 10:00 Café Nisbet 2:15 Sing-a-long 5 th fl. 2:30 Virtual Concert – 11 th fl.	
25 9:30 Sunday Service Calvary church 2:00 Hand Massage/Spa T-1	26 10:00 Creative Movement 5 th fl. 2:00 Smoothie Cart T-3 2:15 Virtual Concert – 10 th fl.	27 10:30 Bingo T-2 2:00 Word Games 6 th Fl. 2:15 Movie & a Social T-3 6:45pm Travel Log 11 th fl.	28 10:00 Sensory Activity 4 th 10:00 Beauty Corner T 2 2:00 Word Challenge T-3 2:15 6:45pm Reading Circle 6 th fl.	29 10:00 Reading Corner 9 th fl. 2:00 Community Walks 2:15 Movie & A Social Activation 2 nd fl. T-2 Pastoral Visits	23 10:00 Creative Movement 10 th fl. 2:00 Afternoon Activities 7 th fl. 2:15 Community Walks	30 10:00 Café Nisbet 2:15 Friendly Visits. 2:30 Virtual Concert 8 th fl.	

PROGRAMMES AND LOCATIONS SUBJECT TO CHANGE.

Nisbet Lodge

OFF UNIT PROGRAMS ARE IN BURGUNDY